Welcome to Lesson 2!

In this Lesson we explore:
- Inspiring action
- Managing change
- Developing a KT Plan
- Developing Toolbox Resources
Learning Objectives

• Compare models and strategies for developing a KT plan.
• Describe and discuss change management and leadership as components of KB and KT.
• Create a KT plan specific to participant practice setting
• Be aware of any biases in decision making.
• Collaborate with fellow participants for different views and perspectives
• Invite and assimilate feedback.

Vision/Mission Statement

Developing a plan for knowledge translation is one of the steps that reflects our drive and desire to serve as knowledge brokers.

Throughout Lesson 2, continue to reflect on your vision or mission as a KB. Share a bit more about yourself, and in an effort to put faces with names, let’s share this with each other through a quick 1-2 minute video!

We will provide a variety of resources to use for creating the video!
Leadership: Inspiring Action: The Golden Circle

Inspiring others is a key component of our work as KB’s.

How do we inspire others to take action?

Watch this TED talk given by Simon Sinek about how great leaders inspire action using the power of Why-How-What.
https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action?language=en

Change Management & Change Leadership

Appreciating the difference between managing or leading change may support us in being most effective in our work.

Watch this video on change management versus change leadership.
https://www.youtube.com/watch?v=yseq-v9DFqq
Want More?

If you would like to further explore the concept of change:
Read about Kotters 8 -Step Change Model
https://www.mindtools.com/pages/article/newPPM_82.htm

Forum Posts: Inspiration and Change

Reflections:
Share your thoughts about inspiring action, change management, and change leadership. How might this information influence your planning?

[Remember to please post during week 1 and respond to at least 2 other participant’s posts, by the end of the lesson]
Let’s explore resources and tools to develop a KT Plan.

Many resources and tools were written for other professions and settings.

As we explore these different tools, think about how we might translate this information within our context of practice in pediatric physical therapy.

What is helpful about this plan to carry out KT initiatives?
What is missing? What is needed?
• Adding/adapting terminology?
• Specifics to stakeholders?
• Incorporating models of practice specific to PPT (Pediatric Physical Therapy)? (example: Family Centered Care, Lifespan Perspectives)
• Can the model reflect the continuum of PPT services
Models & Strategies for Developing a KT Plan

Knowledge Translation Planning Primer


This tool is focused in the context of public health, consider what might be applicable for your setting.

RNAO
(Registered Nurses’ Association of Ontario)

Toolkit: Implementation of Best Practice Guidelines

The second section has an action plan template
Want More?

You might consider watching this 60 minute webinar with Melanie Barwick presenting her KT Planning Template which is used globally by researchers and knowledge translation specialists in planning interventions.

This presentation is geared toward researchers, however KBNet KBs will be working with researchers and CPG writers as well as clinicians in facilitating implementation of best practices. And as Melanie Barwick says in the presentation, the same process and principles apply to clinical KT.

https://www.youtube.com/watch?v=lLtRzjjn6ak

Want More?

Knowledge Translation Planning Template

http://www.melaniebarwick.com/training.php

*Take note of the permissions for use of the template
Case Example: KT Plan

Following are 2 articles as case examples of implementing a KT Plan. These might be helpful to reflect on similarities and differences in planning.

The use of a knowledge translation program to increase use of standardized outcome measures in an outpatient pediatric physical therapy clinic: administrative case report.

“Kinect-ing” With Clinicians: A Knowledge Translation Resource to Support Decision Making About Video Game Use in Rehabilitation
http://ptjournal.apta.org/content/95/3/426

Developing a KT Plan

Planning tools can also be used as a reflective tool-
Think of a past activity, reflect on what worked or didn’t work.

Think of something you anticipate being a main need, main message-

Use the tool to plan for a new activity or to reflect on a past plan.

This is a starting point in developing a plan- focus on what is your key need or topic- this step in our learning is to support you in thinking through the process.
Developing a KT Plan

You might begin to develop a KT plan around a specific component of planning- perhaps you need more information about managing change?

Maybe you need to know how to approach administration about implementing ideas?

Key components of your learning plan may directly relate to the needs in your KT Plan

Resources: Tool Box Topics

As we begin to develop our plans, let’s collect the resources we find and develop to share with each other!

We can collect them by topics into Toolboxes in our drop box, and add to our self assessment Toolbox

Select a Toolbox topic you would like to work on, or innovate a new Toolbox Topic!
Forum Posts: KT Planning & Toolboxes
Contrasting and Comparing KT plan tools:
After reading the articles, different planning tools and templates, and reviewing the Case Examples, share your thoughts on these questions:

1. Which planning tools did you use? How might you modify them for your setting? What are the similarities and differences specific for your setting?

2. What are you excited about? What are you concerned about? What resources would you need in developing a plan? What resources do you have?

3. What Toolbox would you like to work on? What ideas do you have for new Toolboxes?

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